题目： $x > 1$ 时，求 $f(x) = \frac{\sqrt{5x^2 - x}}{4 - x} + \frac{\sqrt{x^2 + 4x}}{3 + x}$ 的最值

解析 1: **换元+凸函数**

$$f(x) = \frac{\sqrt{5x^2 - x}}{4 - x} + \frac{\sqrt{x^2 + 4x}}{3 + x} = \sqrt{\frac{x}{4 - x} + \frac{x^2}{(4 - x)^2}} + \sqrt{\frac{x}{3 + x} + \frac{x^2}{(3 + x)^2}}$$

换元一下令 $\frac{1}{m} = \frac{x}{4 - x}, \frac{1}{n} = \frac{x}{3 + x}, 3 < m < 4, 3 < n < 4$

则 $m + n = 7$,

故 $f(x)$ 可转化为

求 $\sqrt{\frac{1}{m} + \frac{1}{m^2}} + \sqrt{\frac{1}{n} + \frac{1}{n^2}}$ 的最值

$$\text{注意到 } g(x) = \sqrt{\frac{1}{x} + \frac{1}{x^2}}, \quad g''(x) = \frac{3x^2 + 12x + 8}{4x^6 \left(\frac{x+1}{x^2}\right)^{\frac{3}{2}}} > 0$$

则 $g(x)$ 是下凸函数

$$\text{所以 } \frac{\sqrt{\frac{1}{m} + \frac{1}{m^2}} + \sqrt{\frac{1}{n} + \frac{1}{n^2}}}{2} \geq 2 \sqrt{\frac{1}{\frac{m+n}{2}} + \frac{1}{\left(\frac{m+n}{2}\right)^2}} = \frac{6\sqrt{2}}{7}$$

解析 2: **换元+凸函数+切线法**

令 $x = \frac{1}{t} > 1$ 将原函数的表达式进行一下凸性反转，则

$$f(x) = g(t) = \frac{\sqrt{5-t}}{4-t} + \frac{\sqrt{4+t}}{3+t}$$

$$\left(\frac{\sqrt{5-t}}{4-t}\right)' \Big|_{t=\frac{1}{2}} = \frac{6-t}{2\sqrt{5-t}(4-t)^2} \Big|_{t=\frac{1}{2}} = \frac{11\sqrt{2}}{3 \times 49}$$

$$\frac{\sqrt{5-t}}{4-t} \text{ 在 } t = \frac{1}{2} \text{ 处的切线方程: } \frac{\sqrt{5-t}}{4-t} \geq \frac{11\sqrt{2}}{3 \times 49} \left(t - \frac{1}{2}\right) + \frac{3\sqrt{2}}{7} \quad \textcircled{1}$$

$$\left(\frac{\sqrt{4+t}}{3+t}\right)' \Big|_{t=\frac{1}{2}} = \frac{-t-5}{2\sqrt{4+t}(3+t)^2} \Big|_{t=\frac{1}{2}} = -\frac{11\sqrt{2}}{3 \times 49}$$

$$\frac{\sqrt{4+t}}{3+t} \text{ 在 } t = \frac{1}{2} \text{ 处的切线方程: } \frac{\sqrt{4+t}}{3+t} \geq -\frac{11\sqrt{2}}{3 \times 49} \left(t - \frac{1}{2}\right) + \frac{3\sqrt{2}}{7} \quad \textcircled{2}$$

$$\textcircled{1} + \textcircled{2} \text{ 得: } \frac{\sqrt{5-t}}{4-t} + \frac{\sqrt{4+t}}{3+t} \geq \frac{6\sqrt{2}}{7}$$

解析 3: **三角形不等式+均值不等式**

$$\text{令 } a = \frac{x}{4-x}, b = \frac{x}{3+x} \text{ 则 } \frac{1}{a} + \frac{1}{b} = 7 \text{ 则 } 7 = \frac{1}{a} + \frac{1}{b} \geq \frac{2}{\sqrt{ab}} \text{ 故 } \sqrt{ab} \geq \frac{2}{7}$$

$$\text{则 } f(x) = \frac{\sqrt{5x^2-x}}{4-x} + \frac{\sqrt{x^2+4x}}{3+x} = \sqrt{a+a^2} + \sqrt{b+b^2}$$

$$\geq \sqrt{(a+b)^2 + (\sqrt{a} + \sqrt{b})^2} \quad (\text{三角形不等式})$$

$$\geq \sqrt{4ab + 4\sqrt{ab}} \geq \frac{6\sqrt{2}}{7}$$

注: 补充三角形不等式:

$$\sqrt{a^2+b^2} + \sqrt{c^2+d^2} \geq \sqrt{(a+c)^2 + (b+d)^2}$$